





## VEGGIE TATER TOTS JULY 21; 6:30 PM REGISTRATION REQUIRED



Join Food Explorers on Zoom to make Veggie Tater Tots two different ways! We'll be making Broccoli Tots and Zucchini Tots, two yummy ways to enjoy your veggies. This program is open to adults, teens/tweens, and families that like to cook together! Please register to receive a reminder and the Zoom meeting link.

Please gather the following ingredients to participate: 1 zucchini, 1 large head broccoli, 2 eggs, breadcrumbs, 2 cups cheddar cheese, and optional seasonings like garlic powder and onion powder. You will need a cheese grater.

