The Addiction Inoculation:

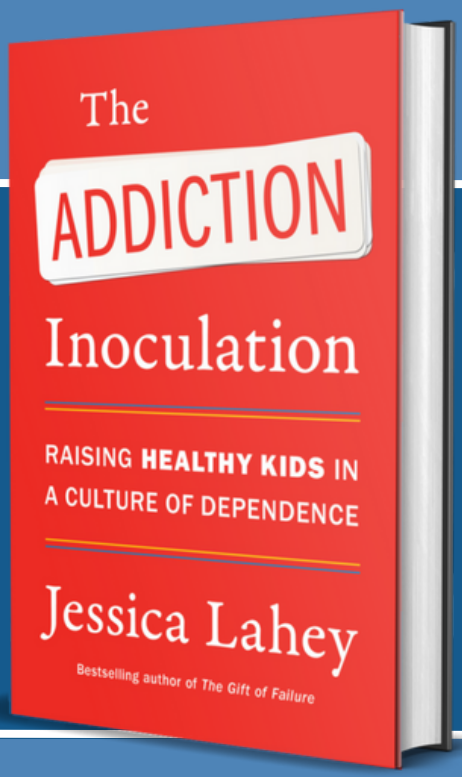
Raising Healthy Kids In a Culture of Dependence

February 15, 7PM on Zoom

Featuring the New York Times Best Selling Author

Jessica Lahey





Jessica Lahey, author of New York Times bestseller, The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed and The Addiction Inoculation: Raising Healthy Kids in a Culture of Dependence.

Lahey offers an evidence-based exploration of what it means when experts proclaim, “Substance abuse is preventable.” She will identify the major risk factors for substance abuse and explain what adults can do to overcome the weight of a given child's risk factors. Lahey offers an overview of the research as well as concrete, practical takeaways adults can use to change their thinking and behavior and begin preventing childhood substance use and abuse at home. Parents will leave Lahey’s talks feeling informed, challenged, empowered and entertained.

Co-Presented by a consortium of 8 local Youth Service & Prevention Coalitions including:

tri-town YOUTH SERVICES

More Info & Register
www.LYSB.org